

# Working in hot weather

## 1 How do you know it's too hot?

Start with the risk analysis

Use the WBGT index for thermal exposure according to the particular physical strain of work.

The occupational physician determines the strain involved in the work



Physical strain of work

Measured with wet-bulb thermometer

## 2 Prevention measures for:

- the health of employees
- the safety of employees
- product quality

Temperature changes characteristics

### What should you do?

Monitor the weather forecast.  
Will it be too warm?



## Ozone

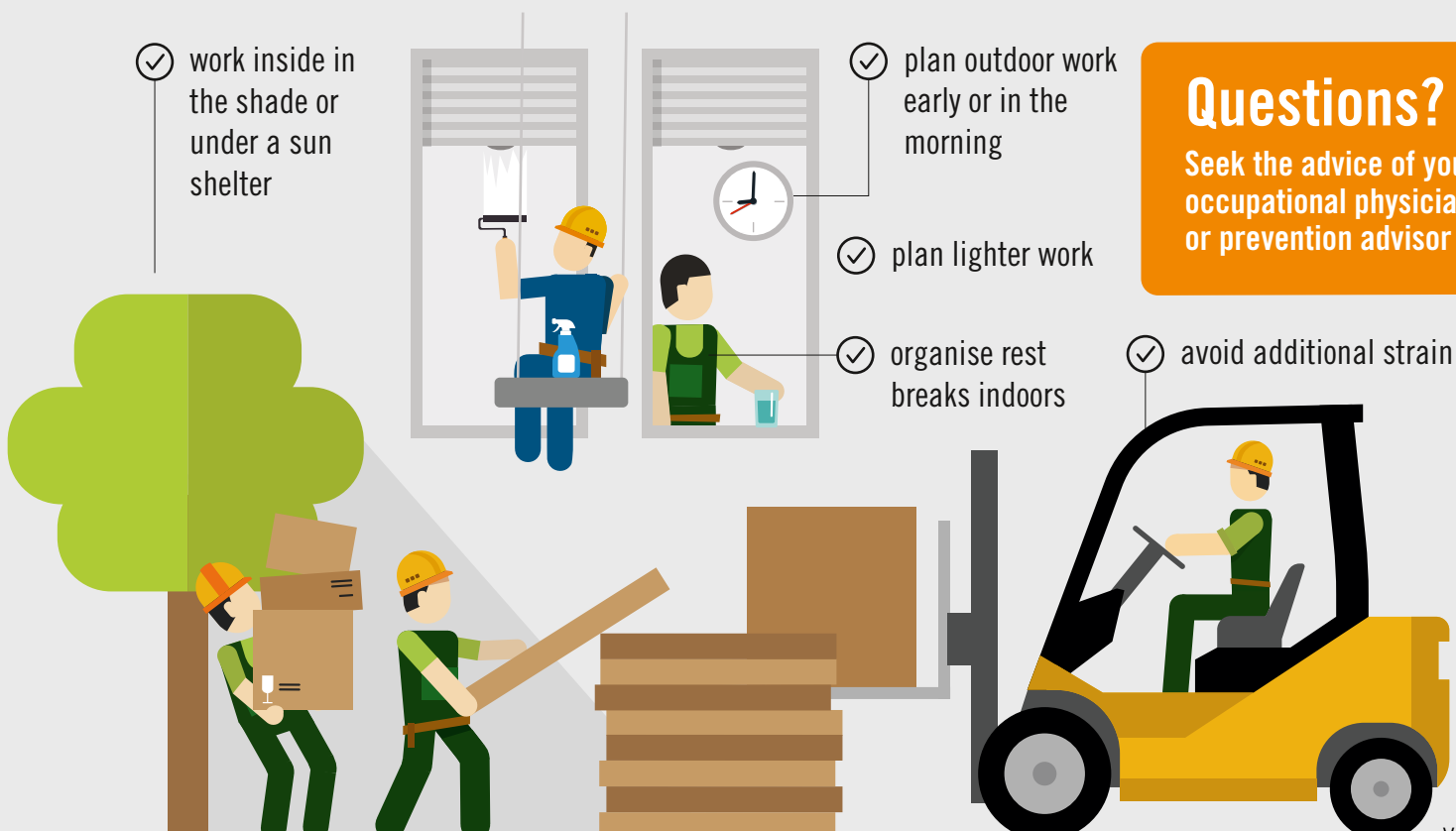
Ozone is harmful  
(work risk for those working outdoors).



- ✓ work inside in the shade or under a sun shelter
- ✓ plan outdoor work early or in the morning
- ✓ plan lighter work
- ✓ organise rest breaks indoors
- ✓ avoid additional strain

## Questions?

Seek the advice of your occupational physician or prevention advisor



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