



Psychological helpline Coronavirus

Psychological helpline

We are opening a telephone helpline for all employees with immediate effect.

Organisation and communication

- The 0800 number will be accessible for all employees in your organisation.
- All employees will receive a mail with info about the helpline.
- If you wish, all employees can also be informed via text message.
- We will provide you with information sheets in a digital format (pdf).

How the helpline works

- Your employees can be assisted 24/7.
- The telephone will be manned at all times. When it is busy, the medical secretariat at Mensura will answer the telephone and schedule an appointment within 24 hours.

What about serious issues?

In the case of severe problems, such as suicidal behaviour or aggression, initial help will be given and, where necessary, the emergency services will be contacted.

Collaboration Mensura – Wellways

Mensura is working with Wellways to provide this psychological helpline. Your employees will receive telephone guidance from their team of psychologists. Each psychologist has a Masters in Psychology and at least 5 years of experience.

Quality guarantees

- 24/7 trilingual telephone cover
- An experienced psychologist on the phone at all times
- Broad experience relating to anxiety and stress
- Rapid and high-quality assistance
- 0800 number is simple and free of charge
- Short-term and solution-oriented assistance
- Careful case management