

Measures for social services

- Have employees come to work in their work clothes so that the changing rooms are used as little as possible. If the work clothing does not pose a risk to the health of the employee and of persons in his immediate home environment, the employee may go home in his work clothes after the day's work. If it poses a risk, an appropriate regulation regarding the use of changing rooms must be worked out. Post the adapted guidelines at the entrance to the changing room. Also disinfect and clean this room on a daily basis. When hanging up clothes, it is advised that other employees do not touch the clothes of colleagues. If the size of the changing room is insufficient, look into the possibility of an additional changing room.
- When using changing rooms:
 - Wash your hands before and after the use of the changing room.
 - Always keep your distance in the changing room, also when entering and leaving the room.
 - Limit the number of people present in the changing room; if necessary, provide an extra changing room. If possible, provide separate changing cabinets.
 - Communicate the instructions (total number of persons, alternative space, ...) at the entrance door of the changing room.
 - Use chairs in stead of benches and place those chairs respecting the 1,5 m distance between them. In case you only have a bench, mark clearly where people can sit.
 - Provide regular cleaning of the changing room; certainly between shifts and at the end of the working day. Pay extra attention to the cleaning/disinfection of points that are regularly touched: chairs, coat rack, mirrors, ...
- Wearing work clothes? The advice is to wash the clothes daily, which is not always feasible. Check with the maintenance company whether the frequency can be increased to a feasible level of cleaning.
- Showers? Not using showers is not recommended because following strict hygiene measures prevents infection. The number of persons present in the changing room must be limited in such a way that a distance of 1.5 m can be maintained.
- If urinals are present, check whether the social distancing can be maintained when using them. If not, limit the number of urinals by taking one or more out of service or displaying an appropriate use (alternating).

This document was drawn up on 22/04/2020 on the basis of the measures in force on that date.

It contains general cross-sectoral measures. The applicability must be considered in function of the own business situation.