

# You have symptoms of an illness or you tested positive. What should you do now?

Update from 17/03/2022

## ✓ I HAVE SYMPTOMS THAT MIGHT INDICATE CORONA

○ Notify your employer or personnel manager.

### A Mild symptoms?

Fill in the [online self-test](#). After completing it, you can create a code to have a corona test taken at the triage centre or pharmacy.



### B Very ill or patient at risk?

Contact your GP.  
He or she will decide whether a coronation test is indicated.

## ✓ POSITIF SELF-TEST

○ A positive result must always be confirmed by a PCR test.

Request an activation code for a PCR test via the contact centre on 02/214 19 19 or via <https://sat.info-coronavirus.be/nl/formulier/autotest>

○ Go into isolation.

### THE TEST IS POSITIVE

○ You will have to isolate at home for at least 7 days after the onset of symptoms.  
○ After that, stay extra careful for 3 days. Limit your contacts and wear a mouth mask in indoor areas.

○ You won't start working again until you are fever free for three days and your symptoms have clearly improved.

### THE TEST IS NEGATIVE

○ You can go back to work if your health permits.