

Travelling safely in the winter



- ✔ Prepare your vehicle for the winter
- ✔ Completely **defrost** your windscreen
- ✔ Never make sudden manoeuvres
- ✔ Adjust your **speed** and keep your **distance**
- ✔ Check the weather report before you leave
- ✔ Park your car under cover when possible



- ✔ Check your bicycle
- ✔ Make sure you are **visible** in traffic
- ✔ Make sure you have the right equipment
- ✔ Park your bicycle in a covered bicycle shed when possible
- ✔ Always wear a **bicycle helmet**

Riding a **moped**?

Opt for a full-face helmet to a jet helmet.

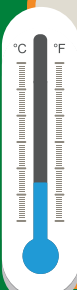


- ✔ Double check whether the bus/train is running
- ✔ Wear **warm clothing**
- ✔ Sit down or **hold on tight** to a handlebar or safety bar
- ✔ Request your stop in good time so the driver does not have to brake abruptly
- ✔ Watch out for other road users when getting off the bus



- ✔ Wear **sturdy shoes** with extra grip
- ✔ Watch out for slippery spots
- ✔ Walk with splayed feet (like a penguin)
- ✔ Make sure you are **visible** in traffic
- ✔ Remove ice and snow from access paths

General tips for all road users



- ✔ **Leave on time**
- ✔ Be considerate to other road users
- ✔ **Dress warm.** A thick coat also reduces the chance of injuries or hurting yourself if you should fall
- ✔ Make yourself **visible** when it is dark

